



# ADVENTURE CHECKLIST

Young men are expected to be prepared before entering the camp, we have provided a list of all the necessary items they will need to have fun and be successful.

## Remember!

You will be hiking in the wilderness and weather can be unpredictable - pack accordingly



### Friday Bus Ride

- Packed Lunch
- Filled Water Bottle

### Clothing

- 3-Day Supply  
*Socks, underwear, shirts, pants, shorts, sweater*
- Toiletries  
*Toothbrush, toothpaste, bodywash, shampoo, deodorant*
- Rain Gear
- Shoes  
*Hiking boots & a second pair of shoes, **no flipflops***
- Sun Protection  
*A hat to block out sun, long sleeve shirt, sunscreen*
- Swimsuit + towel
- Shorts
- Heavy Jacket

### Camping

- Sleeping Bag  
*compact, **no oversized bedding or blankets***
- Sleeping Mat  
*ThermaRest / foam sleeping mat (small & thin)*
- Flashlight  
*Preferably with batteries*
- Dishes  
*Plate, bowl, mug, & utensils (fork, knife & spoon)*

### What NOT to bring

- Electronics  
*(Phones, music, games)*
- Knives  
*(All kinds)*
- Lighters  
*(incl matches)*
- Substances  
*(Drugs, Tobacco products, alcohol)*
- Bug spray  
*(Will be provided)*
- Tents  
*(incl tarps)*
- Weapons  
*(All kinds)*
- Attitude



*Items from this list will be confiscated and may, or may not, be returned at the of the weekend*



# TRANSPORT INFORMATION

## General Transportation Information:

You will be taking a bus from **Burnaby** or **Langley**.

You will be on the bus for approximately 3 hours, so make sure you are well fed & a full water bottle.

**Be on time** - If you need help, call your sponsor.

### Burnaby Bus Stop

#### Drop-off

Drop-off is Friday, July 14th.

No. 1 departure Point is at Central Park, Imperial / Pitch & Putt Parking Lot in Burnaby

Be there at **12:00 pm**.

#### Pick-up

Pick up your Young Man here on Sunday, July 16th after 6:00 pm.

### Langley Bus Stop

#### Drop-off

Drop-off is Friday, July 14th.

No. 2 departure Point is at McDonalds in Walnut Grove, 20394 88 Ave, Langley

Be there at **1:00 pm**.

#### Pick-up

Pick up your Young Man here on Sunday, July 16th after 5:00 pm.

