

## Welcome to the Young Men’s Adventure Weekend 2022

Your sponsor’s name is: \_\_\_\_\_

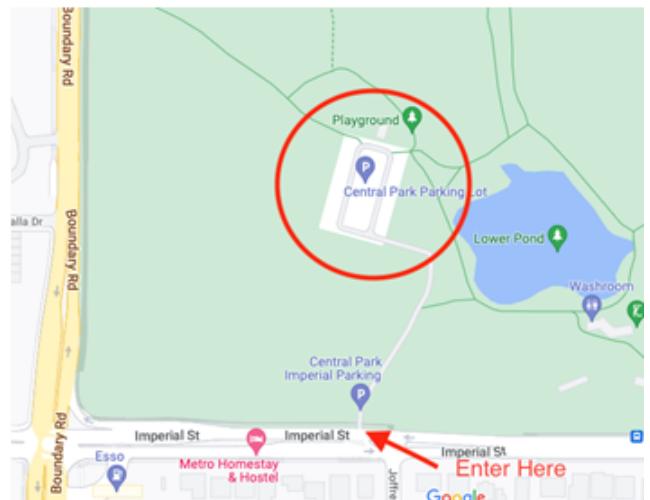
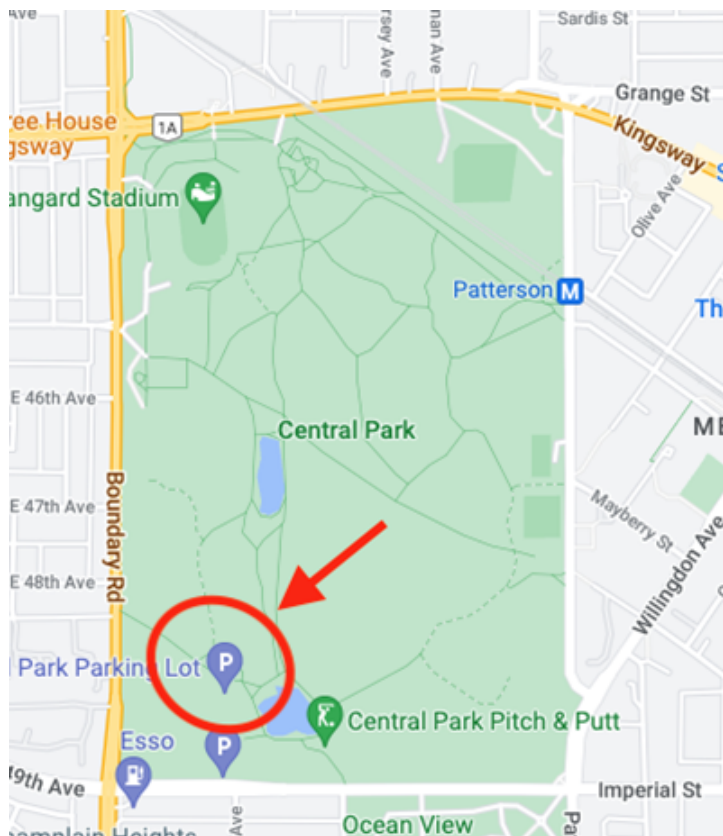
Phone number: \_\_\_\_\_ Email address: \_\_\_\_\_

### General Transportation Information:

- You will be taking a bus from **Burnaby or Langley**.
- You will be on the bus for approximately **3 hours**, so make sure you are well fed & a full water bottle.
- Be on time - If you need help, call your sponsor.

### Burnaby Bus Stop

- The departure date is **Friday, July 15<sup>th</sup>**.
- The Young Man’s No. 1 departure Point is at **Central Park, south west Parking Lot in Burnaby**
- **Be there at 12:00 pm.**
- Pick up your Young Man here on **Sunday, July 17<sup>th</sup> after 6:00 pm.**
- [Click here to view map and directions online](#)

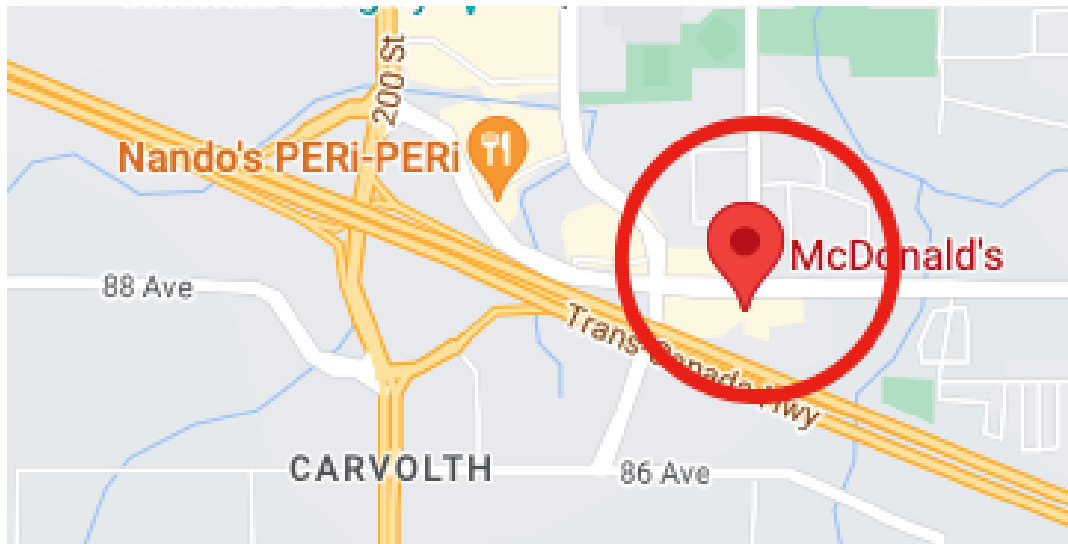


## Langley Bus Stop

- The departure date is **Friday, July 15<sup>th</sup>**.
- The Young Man's No. 2 departure point is at **McDonalds in Walnut Grove, 20394 88 Ave, Langley**
- **Be there at 1:00 pm.**
- Pick up your Young Man here on **Sunday, July 17th after 5:00 pm.**

[Click here to view map and directions online](#)

McDonalds Restaurant at 20394 - 88th Ave., Langley, B.C



## Packing Information:

1. You will be hiking in the wilderness - pack accordingly

2. The weather is unpredictable - pack accordingly

### 3. What to bring:

- Lunch for bus ride on Friday
- Water bottle (full with water for the bus ride)
- 3-day supply of clothes & toiletries (bathroom supplies)
- Rain gear, shorts, & heavy jacket
- Hiking boots & a second pair of footwear (**NO flip-flops!!**)
- Sun hat & long-sleeve shirt
- Swimsuit & towel
- Sleeping bag - tightly rolled & compact (no oversized bedding or blankets)
- ThermaRest/foam sleeping mat (small & thin)
- Flashlight with batteries
- Plate, bowl, mug, & utensils (fork, knife & spoon)
- Prescription medications (if any)

### 4. What NOT to bring:

- No weapons
- No buck-knives, hunting knives or pocket knives
- No electronic devices
- No tobacco, alcohol, or vapes.
- No illegal drugs - zero-tolerance
- No tents or tarps
- No bug spray (it will be supplied for you)
- No lighters or matches
- No flip-flops
- No attitude!

### 5. Important Notice:

- Work with your sponsor to make sure you have all the required gear - ask for help!
- Items from the "What NOT to bring" list may be confiscated and may, or may not, be returned to you at the completion of the event.

## Emergency Information:

In the event of a home or family emergency, During the Weekend, you can contact your young man.

**In case of emergency call: Mike O'Brien 604 - 737 - 2369**

(The emergency phone line is in effect from Friday 10am until Sunday 6 pm.)