



# Pack for cold and wet. Leave the phone.

July 9–11, 2027  
BRITISH COLUMBIA • YMAW.COM

## On your back

Three days. It rains here even in July. One bag you can carry up a trail in the dark.

- ☐ **Socks, underwear, shirts for 3 days**  
One more pair of socks than you think.
- ☐ **Pants and shorts**
- ☐ **A sweater or fleece**
- ☐ **A heavy jacket**  
Nights are cold by the water.
- ☐ **Rain gear**  
Jacket at minimum. Pants if you have them.
- ☐ **Long-sleeve shirt**  
Sun and bugs.
- ☐ **Hat**
- ☐ **Two pairs of shoes**  
One you can hike in, broken in, and one to change into. No flip-flops.
- ☐ **Swimsuit and towel**

## Toiletries

Small. A ziplock does it.

- ☐ **Toothbrush**
- ☐ **Medications, in a labelled bag**  
Listed at registration. The safety man can hold them if you'd prefer.

## For sleeping

You build your own shelter with your team. You bring what goes inside it.

- ☐ **Sleeping bag**  
Compact. It travels on the bus and up the trail on your back.
- ☐ **Sleeping mat**  
ThermaRest or thin foam. Small.
- ☐ **Flashlight or headlamp, with batteries**  
Headlamp is better: your hands are busy.

## For eating

Eight meals cooked over fire. Plates, bowls and cutlery are supplied (biodegradable), so leave the kit at home.

- ☐ **Water bottle, full**  
For the bus and the weekend.
- ☐ **A packed lunch for the bus**  
It's a long ride. You'll want it.

## The bus

### Langley • Friday afternoon

McDonald's, 20394 88 Ave • back  
Sunday afternoon

### Burnaby • Friday afternoon

Christine Sinclair Community Centre,  
south lot, 3713 Kensington Ave • back  
Sunday afternoon

Times are emailed before the weekend.  
Fifteen minutes early. Lunch and water bottle in hand. Phone handed to whoever drops you off.

## Leaves home

### Phone, music, games, any electronics

It stays with whoever drops you off. Everyone survives this.

### Weapons and knives

The men supply every tool you'll use and teach you to use it.

### Drugs, tobacco, alcohol, vapes

### Tents and tarps

Your team builds its shelter from the Society's gear.

### Lighters and matches

Items from this list will be confiscated and may, or may not, be returned at the end of the weekend.

## The arc

- FRI** Bus. Hike in. Teams. Build camp.
- SAT** The Quests. The afternoon. The circle.
- SUN** Acknowledgment. The game. The walk out.

THE STANDARD I'M BRINGING

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Write it Friday night. Keep it.

FIVE WORDS THE MEN WILL ASK YOU ABOUT • T.E.A.M.S.

**T**  
Truthful

**E**  
Excellence

**A**  
Accountable

**M**  
Mindful

**S**  
Service

*Not a summer camp. A rite of passage.*

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