



VANCOUVER

Welcome to Young Men's Adventure Weekend 2016

Transportation:

1. You will be taking a bus. You will be on the bus for approximately 3 hours, so make sure you eat a good meal before you go and your water bottle is full with you on the bus.
2. The Departure date is **Friday July 8th, 2016**. Time to report to bus stop is on second page.
3. If you need help getting there on time, call your sponsor.

Personal Gear: (you will be hiking with your gear)

What to Bring:

1. Rain gear, shorts, and heavy jacket
2. 3 days supply of clothes, bathroom supplies
3. Bathing suit and Towel
4. A tightly rolled and compact **sleeping bag** (no oversized bedding or blankets)
5. A small **thermarest / foam sleeping mat** (small and thin)
6. Hiking Boots and a second pair of foot wear
7. **Water Bottle** (Full for the bus ride)
8. Plate, Mug, Utensils
9. Flashlight
10. Sun Hat, Long sleeve shirt
11. Prescription Medications (if any)

What not to bring:

1. Weapons
2. Buck Knives
3. Electronic devices
4. Tobacco or Alcohol
5. Illegal drugs will not be tolerated
6. Tents or tarps
7. Bug spray (it will be supplied for you)
8. Lighters / matches

Bryan Wadsworth 604 219 1011 | Dorian Leslie 604 688 9997 | YMAW.COM

YOUNG MENS ADVENTURE WEEKEND SOCIETY OF B.C.

Creating healthy communities by building strong, spirited young men who can become great husbands, fathers, and leaders.



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Note: Work with your sponsor to make sure you have all the required gear. Items from the "Do not bring" list may be confiscated and may be returned to you at the completion of the event.

In case of emergency call: **Please check our website ymaw.com**

(Emergency line in effect from Friday 10am till Sunday 6pm)

Sponsor's Name: _____

Phone Number: _____ **Email Address:** _____

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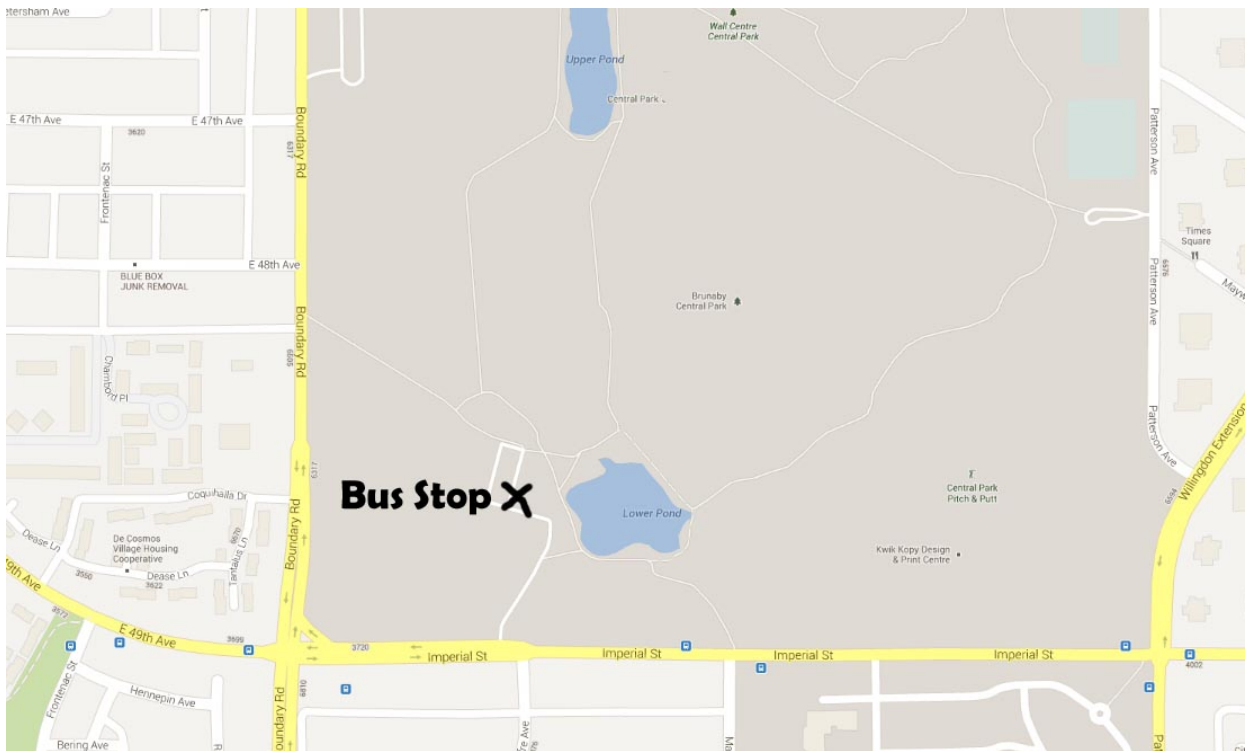
Young Men's Departure Point Number 1

Central Park South Parking Lot Burnaby, BC

You must be at this location Friday, July 8th at **2 pm**

[Click here to view map and directions online](#)

Pick up your Young Man at this location Sunday July 10th at **6:30pm**



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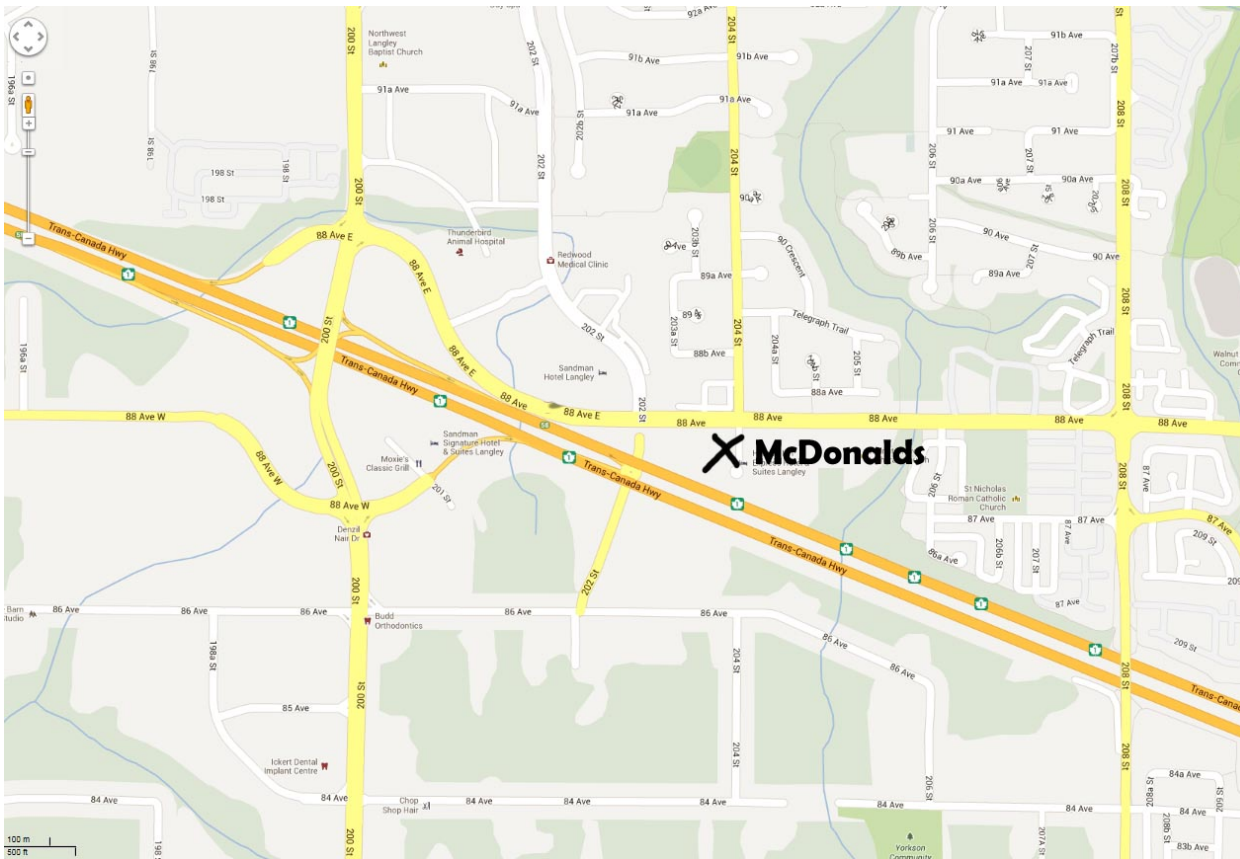
Young Men's Departure Point Number 2

McDonalds at 20394 88 Ave. Langley BC

You must be at this location Friday, July 8th at **3:00 pm**

[Click here to view map and directions online](#)

Pick up your Young Man at this location Sunday, July 10th at **5:30pm**



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